

Nottinghamshire Sportshall League

Sportshall Octathlon

Sunday 27th November

1.15pm to 5.00pm

for U11's only

**Oaktree Leisure Centre
Mansfield**

High Stepper Target Throw Long Jump

Standing Triple jump Chest Push Vertical jump

Speed bounce Balance test

Have fun doing all the events

Awards for the athletes gaining the most points.

Athletes must be a member of a Nottinghamshire Athletic club and be 9 on the day of the event. Club Vests and Numbers to be worn

number	Name	Age	Club	Gender	High Stepper	Shuttle run	Triple Jump	Balance test	Target Throw	Chest Push	Vertical jump	Long Jump	TOTAL	BOYS
839b	Yaw Afirifah-Mensah	:U11b	Notts	b	37	59	54	40	39	42	51	58	380	1
360b	Lucas Parnell	:U11b	Rushcliffe	b	46	62	51	52	36	40	40	53	380	1
32b	Matthew Young	U11b	Mansfield	b	28	48	47	59	42	38	32	38	332	2
302b	Ollie Simon	:U11b	Rushcliffe	b	40	53	41	48	27	33	37	49	328	3
815b	Ashley Nkomazana	:U11b	Notts	b	32	54	43	42	27	33	47	45	323	5
805b	Andy Davenport	:U11b	Notts	b	35	50	42	28	39	36	40	44	314	6
846b	Kwadwo Afirifah-Mensah	:U11b	Notts	b	26	53	48	33	12	33	44	54	303	7
501b	Leo De Lucis	U11b	Sutton	b	30	57	31	32	42	36	30	40	298	8
391b	Robin Morgan	U11b	Rushcliffe	b	42	55	40	19	30	31	26	48	291	9
585b	Leon Gibson	U11b	Sutton	b	23	45	25	44	30	36	41	40	284	10
566b	John Thompson	U11b	Sutton	b	30	44	35	61	18	19	37	39	283	11
301b	Rafe Hyman	U11b	Rushcliffe	b	38	43	39	28	36	33	27	36	280	12
398b	Rory Hawkins	U11b	Rushcliffe	b	30	47	33	46	30	25	22	40	273	13
308b	Conor Hood	U11b	Rushcliffe	b	27	51	47	25	3	25	41	42	261	14
430b	Matthew Forest	U11b	Worksop	b	23	41	48	8	21	33	35	50	259	15
560b	Riley Walker	:U11b	Sutton	b	40	59	28	14	18	25	31	29	244	16
583b	Bradley Budd	U11b	Sutton	b	38	49	25	13	21	33	28	29	236	17
626b	Thomas Gleave	:U11b	Retford	b	24	44	23	17	12	25	32	50	227	18
305b	Ashton Coxon	U11b	Rushcliffe	b	26	39	27	38	9	33	27	27	226	19
888b	Abriano Allen	:U11b	Notts	b	25	48	21	26	33	19	32	19	223	20
699b	Leo Cotton	:U11b	Retford	b	24	39	27	38	24	16	24	28	220	21
679b	James Agar	:U11b	Retford	b	26	52	24	18	6	25	30	33	214	22
898b	Oren Bramley	:U11b	Notts	b	25	47	24	18	6	22	26	38	206	23
408b	Andrew Ferrol	U11b	Worksop	b	25	29	21	21	30	22	24	23	195	24
587b	Theo Mottershead	U11b	Sutton	b	23	45	16	14	18	22	24	27	189	25
number	Name	Age	Club	Gender	High Stepper	Shuttle run	Triple Jump	Balance test	Target Throw	Chest Push	Vertical jump	Long Jump	TOTAL	Girls
804g	Faith Davenport	:U11g	Notts	g	33	58	50	54	24	42	43	56	360	1
405g	Maisy Heggie	U11g	Worksop	g	25	58	46	65	24	31	53	57	359	2
368g	Aoife Rendu	U11g	Rushcliffe	g	35	56	51	50	24	40	52	44	352	3
900g	Keira Rhead	:U11g	Notts	g	35	58	41	46	24	42	40	52	338	4
386g	Lucy Rich	U11g	Rushcliffe	g	43	59	45	38	30	40	31	42	328	5
837g	Rosie Challender	:U11g	Notts	g	40	58	43	29	6	46	44	51	317	6
304g	Kate Ridgway	U11g	Rushcliffe	g	45	52	39	56	18	31	30	45	316	8
390g	Bella McCormack	U11g	Rushcliffe	g	37	53	37	47	18	36	40	48	316	7
18g	Tammy Smith	:U11g	Mansfield	g	31	58	43	50	6	36	37	53	314	9
389g	Phoebe Clayton	U11g	Rushcliffe	g	30	58	47	32	18	28	41	53	307	10
532g	Philippa Woolley	U11g	Sutton	g	36	56	31	36	18	38	32	41	288	11
820g	Emily Rawson	:U11g	Notts	g	24	44	37	26	24	36	40	44	275	12
324g	April Denton	U11g	Rushcliffe	g	29	48	37	25	21	33	28	49	270	13
367g	Megan Mellor	U11g	Rushcliffe	g	40	48	28	48	12	28	24	37	265	14
803g	Freya Broderick	:U11g	Notts	g	27	45	21	29	30	36	38	36	262	15
366g	Beatrix Davies	U11g	Rushcliffe	g	37	47	40	10	12	36	43	34	259	16
807g	Amy Brown	#N/A	Notts	g	27	45	26	22	24	36	43	34	257	17
507g	Phoebe Skelton	U11g	Sutton	g	39	49	41	30	12	28	31	26	256	18
39g	Georgia Brown	:U11g	Mansfield	g	28	46	34	19	30	33	34	29	253	19
388g	Poppy Allen	U11g	Rushcliffe	g	28	43	23	51	15	28	28	34	250	20
365g	Katie Delahay	U11g	Rushcliffe	g	28	49	32	42	9	25	28	28	241	22
26g	Zoe Spencer	U11g	Mansfield	g	23	54	22	29	15	31	27	40	241	21
353g	Anna Leatherbarrow	U11g	Rushcliffe	g	36	48	27	16	24	25	27	37	240	23
665g	Katarina Taylor	U11g	Retford	g	24	35	24	26	30	38	27	25	229	24
643g	Faye Marshall	:U11g	Retford	g	20	41	36	10	15	28	38	33	221	25
624g	Hannah Foster	U11g	Retford	g	21	47	23	19	12	28	35	27	212	26
27g	Matilda Evans	:U11g	Mansfield	g	23	45	19	19	24	25	27	24	206	27
350g	Freya Sugden	U11g	Rushcliffe	g	22	36	24	30	18	19	27	27	203	28
664g	Emily Taylor	U11g	Retford	g	19	24	21	44	12	31	26	20	197	29
585g	Erin Ryan	U11g	Sutton	g	22	42	22	25	12	19	27	20	189	30
590g	Lucy Garthwaite	:U11g	Sutton	g	23	43	20	22	3	25	28	23	187	31
546g	Ruby Vickers	:U09g	Sutton	g	23	36	21	18	18	25	28	17	186	32
817g	ELLIE Keetley	#N/A	Notts	g	19	38	16	24	9	19	26	16	167	33
362g	Jean Kelly	U11g	Rushcliffe	g	20	44	18	14	12	13	18	20	159	34

Chart 1 metre to 6.85 metre

Triple Jump

	number	name	Club	result	score
1	839b	Yaw Afirifah-Mensah	Notts	5.52	54
2	360b	Lucas Parnell	Rushcliffe	5.32	51
3	368g	Aoife Rendu	Rushcliffe	5.32	51
4	804g	Faith Davenport	Notts	5.27	50
5	846b	Kwadwo Afirifah-Mensah	Notts	5.15	48
6	430b	Matthew Forest	Worksop	5.13	48
7	32b	Matthew Young	Mansfield	5.05	47
8	389g	Phoebe Clayton	Rushcliffe	5.05	47
9	308b	Conor Hood	Rushcliffe	5.04	47
10	405g	Maisy Heggie	Worksop	5.03	46
11	386g	Lucy Rich	Rushcliffe	4.95	45
12	837g	Rosie Challenger	Notts	4.82	43
13	815b	Ashley Nkomazana	Notts	4.82	43
14	18g	Tammy Smith	Mansfield	4.80	43
15	805b	Andy Davenport	Notts	4.76	42
16	900g	Keira Rhead	Notts	4.73	41
17	302b	Ollie Simon	Rushcliffe	4.73	41
18	507g	Phoebe Skelton	Sutton	4.70	41
19	391b	Robin Morgan	Rushcliffe	4.65	40
20	366g	Beatrix Davies	Rushcliffe	4.65	40
21	301b	Rafe Hyman	Rushcliffe	4.61	39
22	304g	Kate Ridgway	Rushcliffe	4.61	39
23	820g	Emily Rawson	Notts	4.54	37
24	390g	Bella McCormack	Rushcliffe	4.53	37
25	324g	April Denton	Rushcliffe	4.52	37
26	643g	Faye Marshall	Retford	4.48	36
27	566b	John Thompson	Sutton	4.41	35
28	39g	Georgia Brown	Mansfield	4.39	34
29	398b	Rory Hawkins	Rushcliffe	4.34	33
30	365g	Katie Delahay	Rushcliffe	4.25	32
31	532g	Philippa Woolley	Sutton	4.24	31
32	501b	Leo De Lucis	Sutton	4.21	31
33	560b	Riley Walker	Sutton	4.05	28
34	367g	Megan Mellor	Rushcliffe	4.05	28
35	353g	Anna Leatherbarrow	Rushcliffe	4.04	27
36	699b	Leo Cotton	Retford	4.03	27
37	305b	Ashton Coxon	Rushcliffe	4.02	27
38	807g	Amy Brown	Notts	3.98	26
39	583b	Bradley Budd	Sutton	3.90	25
40	585b	Leon Gibson	Sutton	3.90	25
41	665g	Katarina Taylor	Retford	3.87	24
42	679b	James Agar	Retford	3.86	24
43	898b	Oren Bramley	Notts	3.83	24
44	350g	Freya Sugden	Rushcliffe	3.80	24
45	626b	Thomas Gleave	Retford	3.79	23
46	388g	Poppy Allen	Rushcliffe	3.77	23
47	624g	Hannah Foster	Retford	3.75	23
48	26g	Zoe Spencer	Mansfield	3.66	22
49	585g	Erin Ryan	Sutton	3.65	22
50	664g	Emily Taylor	Retford	3.55	21
51	408b	Andrew Ferrol	Worksop	3.54	21
52	888b	Abriano Allen	Notts	3.54	21
53	803g	Freya Broderick	Notts	3.52	21
54	546g	Ruby Vickers	Sutton	3.50	21
55	590g	Lucy Garthwaite	Sutton	3.48	20
56	27g	Matilda Evans	Mansfield	3.35	19
57	362g	Jean Kelly	Rushcliffe	3.26	18
58	817g	ELLIE Keetley	Notts	3.02	16
59	587b	Theo Mottershead	Sutton	3.01	16

Max 60 sec

Balance

	number	name	Club	result	score
1	405g	Maisy Heggie	Worksop	60	65
2	566b	John Thompson	Sutton	56	61
3	32b	Matthew Young	Mansfield	54	59
4	304g	Kate Ridgway	Rushcliffe	51	56
5	804g	Faith Davenport	Notts	49	54
6	360b	Lucas Parnell	Rushcliffe	47	52
7	388g	Poppy Allen	Rushcliffe	46	51
8	368g	Aoife Rendu	Rushcliffe	45	50
9	18g	Tammy Smith	Mansfield	45	50
10	302b	Ollie Simon	Rushcliffe	43	48
11	367g	Megan Mellor	Rushcliffe	43	48
12	390g	Bella McCormack	Rushcliffe	42	47
13	398b	Rory Hawkins	Rushcliffe	41	46
14	900g	Keira Rhead	Notts	41	46
15	585b	Leon Gibson	Sutton	40	44
16	664g	Emily Taylor	Retford	40	44
17	815b	Ashley Nkomazana	Notts	39	42
18	365g	Katie Delahay	Rushcliffe	39	42
19	839b	Yaw Afirifah-Mensah	Notts	38	40
20	305b	Ashton Coxon	Rushcliffe	37	38
21	699b	Leo Cotton	Retford	37	38
22	386g	Lucy Rich	Rushcliffe	37	38
23	532g	Philippa Woolley	Sutton	36	36
24	846b	Kwadwo Afirifah-Mensah	Notts	33	33
25	501b	Leo De Lucis	Sutton	32	32
26	389g	Phoebe Clayton	Rushcliffe	32	32
27	350g	Freya Sugden	Rushcliffe	30	30
28	507g	Phoebe Skelton	Sutton	30	30
29	26g	Zoe Spencer	Mansfield	29	29
30	803g	Freya Broderick	Notts	29	29
31	837g	Rosie Challender	Notts	29	29
32	301b	Rafe Hyman	Rushcliffe	28	28
33	805b	Andy Davenport	Notts	28	28
34	888b	Abriano Allen	Notts	26	26
35	665g	Katarina Taylor	Retford	26	26
36	820g	Emily Rawson	Notts	26	26
37	308b	Conor Hood	Rushcliffe	25	25
38	324g	April Denton	Rushcliffe	25	25
39	585g	Erin Ryan	Sutton	25	25
40	817g	ELLIE Keetley	Notts	24	24
41	590g	Lucy Garthwaite	Sutton	22	22
42	807g	Amy Brown	Notts	22	22
43	408b	Andrew Ferrol	Worksop	21	21
44	391b	Robin Morgan	Rushcliffe	19	19
45	624g	Hannah Foster	Retford	19	19
46	27g	Matilda Evans	Mansfield	19	19
47	39g	Georgia Brown	Mansfield	19	19
48	679b	James Agar	Retford	18	18
49	898b	Oren Bramley	Notts	18	18
50	546g	Ruby Vickers	Sutton	18	18
51	626b	Thomas Gleave	Retford	17	17
52	353g	Anna Leatherbarrow	Rushcliffe	16	16
53	560b	Riley Walker	Sutton	14	14
54	587b	Theo Mottershead	Sutton	14	14
55	362g	Jean Kelly	Rushcliffe	14	14
56	583b	Bradley Budd	Sutton	13	13
57	366g	Beatrix Davies	Rushcliffe	10	10
58	643g	Faye Marshall	Retford	10	10
59	430b	Matthew Forest	Worksop	8	8

Chart 1.5m to 10.5 m

Chest Push

	number	name	Club	result	score
1	837g	Rosie Challenger	Notts	6.50	46
2	804g	Faith Davenport	Notts	6.00	42
3	900g	Keira Rhead	Notts	6.00	42
4	839b	Yaw Afirifah-Mensah	Notts	6.00	42
5	360b	Lucas Parnell	Rushcliffe	5.75	40
6	368g	Aoife Rendu	Rushcliffe	5.75	40
7	386g	Lucy Rich	Rushcliffe	5.75	40
8	532g	Philippa Woolley	Sutton	5.50	38
9	665g	Katarina Taylor	Retford	5.50	38
10	32b	Matthew Young	Mansfield	5.50	38
11	803g	Freya Broderick	Notts	5.25	36
12	820g	Emily Rawson	Notts	5.25	36
13	807g	Amy Brown	Notts	5.25	36
14	501b	Leo De Lucis	Sutton	5.25	36
15	585b	Leon Gibson	Sutton	5.25	36
16	805b	Andy Davenport	Notts	5.25	36
17	366g	Beatrix Davies	Rushcliffe	5.25	36
18	390g	Bella McCormack	Rushcliffe	5.25	36
19	18g	Tammy Smith	Mansfield	5.25	36
20	39g	Georgia Brown	Mansfield	5.00	33
21	301b	Rafe Hyman	Rushcliffe	5.00	33
22	302b	Ollie Simon	Rushcliffe	5.00	33
23	305b	Ashton Coxon	Rushcliffe	5.00	33
24	430b	Matthew Forest	Worksop	5.00	33
25	583b	Bradley Budd	Sutton	5.00	33
26	815b	Ashley Nkomazana	Notts	5.00	33
27	846b	Kwadwo Afirifah-Mensah	Notts	5.00	33
28	324g	April Denton	Rushcliffe	5.00	33
29	664g	Emily Taylor	Retford	4.75	31
30	304g	Kate Ridgway	Rushcliffe	4.75	31
31	405g	Maisy Heggie	Worksop	4.75	31
32	26g	Zoe Spencer	Mansfield	4.75	31
33	391b	Robin Morgan	Rushcliffe	4.75	31
34	507g	Phoebe Skelton	Sutton	4.50	28
35	624g	Hannah Foster	Retford	4.50	28
36	643g	Faye Marshall	Retford	4.50	28
37	367g	Megan Mellor	Rushcliffe	4.50	28
38	388g	Poppy Allen	Rushcliffe	4.50	28
39	389g	Phoebe Clayton	Rushcliffe	4.50	28
40	546g	Ruby Vickers	Sutton	4.25	25
41	590g	Lucy Garthwaite	Sutton	4.25	25
42	27g	Matilda Evans	Mansfield	4.25	25
43	308b	Conor Hood	Rushcliffe	4.25	25
44	398b	Rory Hawkins	Rushcliffe	4.25	25
45	560b	Riley Walker	Sutton	4.25	25
46	626b	Thomas Gleave	Retford	4.25	25
47	679b	James Agar	Retford	4.25	25
48	353g	Anna Leatherbarrow	Rushcliffe	4.25	25
49	365g	Katie Delahay	Rushcliffe	4.25	25
50	408b	Andrew Ferrol	Worksop	4.00	22
51	587b	Theo Mottershead	Sutton	4.00	22
52	898b	Oren Bramley	Notts	4.00	22
53	585g	Erin Ryan	Sutton	3.75	19
54	817g	ELLIE Keetley	Notts	3.75	19
55	566b	John Thompson	Sutton	3.75	19
56	888b	Abriano Allen	Notts	3.75	19
57	350g	Freya Sugden	Rushcliffe	3.75	19
58	699b	Leo Cotton	Retford	3.50	16
59	362g	Jean Kelly	Rushcliffe	3.25	13

Chart 12.7sec to 40sec

high stepper

	number	name	Club	result	score
1	360b	Lucas Parnell	Rushcliffe	15.10	46
2	304g	Kate Ridgway	Rushcliffe	15.20	45
3	386g	Lucy Rich	Rushcliffe	15.40	43
4	391b	Robin Morgan	Rushcliffe	15.50	42
5	367g	Megan Mellor	Rushcliffe	15.70	40
6	837g	Rosie Challenger	Notts	15.70	40
7	302b	Ollie Simon	Rushcliffe	15.70	40
8	560b	Riley Walker	Sutton	15.70	40
9	507g	Phoebe Skelton	Sutton	15.80	39
10	301b	Rafe Hyman	Rushcliffe	15.90	38
11	583b	Bradley Budd	Sutton	15.90	38
12	839b	Yaw Afirifah-Mensah	Notts	16.00	37
13	366g	Beatrix Davies	Rushcliffe	16.00	37
14	390g	Bella McCormack	Rushcliffe	16.00	37
15	353g	Anna Leatherbarrow	Rushcliffe	16.10	36
16	532g	Philippa Woolley	Sutton	16.10	36
17	368g	Aoife Rendu	Rushcliffe	16.20	35
18	900g	Keira Rhead	Notts	16.20	35
19	805b	Andy Davenport	Notts	16.20	35
20	804g	Faith Davenport	Notts	16.40	33
21	815b	Ashley Nkomazana	Notts	16.50	32
22	18g	Tammy Smith	Mansfield	16.60	31
23	398b	Rory Hawkins	Rushcliffe	16.80	30
24	389g	Phoebe Clayton	Rushcliffe	16.90	30
25	501b	Leo De Lucis	Sutton	16.90	30
26	566b	John Thompson	Sutton	16.90	30
27	324g	April Denton	Rushcliffe	17.10	29
28	365g	Katie Delahay	Rushcliffe	17.20	28
29	388g	Poppy Allen	Rushcliffe	17.20	28
30	39g	Georgia Brown	Mansfield	17.20	28
31	32b	Matthew Young	Mansfield	17.20	28
32	807g	Amy Brown	Notts	17.40	27
33	803g	Freya Broderick	Notts	17.50	27
34	308b	Conor Hood	Rushcliffe	17.50	27
35	846b	Kwadwo Afirifah-Mensah	Notts	17.60	26
36	305b	Ashton Coxon	Rushcliffe	17.90	26
37	679b	James Agar	Retford	17.90	26
38	405g	Maisy Heggie	Worksop	18.00	25
39	888b	Abriano Allen	Notts	18.10	25
40	898b	Oren Bramley	Notts	18.10	25
41	408b	Andrew Ferrol	Worksop	18.20	25
42	665g	Katarina Taylor	Retford	18.40	24
43	820g	Emily Rawson	Notts	18.40	24
44	626b	Thomas Gleave	Retford	18.40	24
45	699b	Leo Cotton	Retford	18.50	24
46	546g	Ruby Vickers	Sutton	18.60	23
47	590g	Lucy Garthwaite	Sutton	18.60	23
48	587b	Theo Mottershead	Sutton	18.60	23
49	27g	Matilda Evans	Mansfield	18.70	23
50	430b	Matthew Forest	Worksop	18.70	23
51	26g	Zoe Spencer	Mansfield	18.80	23
52	585b	Leon Gibson	Sutton	18.80	23
53	350g	Freya Sugden	Rushcliffe	18.90	22
54	585g	Erin Ryan	Sutton	18.90	22
55	624g	Hannah Foster	Retford	19.40	21
56	362g	Jean Kelly	Rushcliffe	19.90	20
57	643g	Faye Marshall	Retford	19.90	20
58	817g	ELLIE Keetley	Notts	20.30	19
59	664g	Emily Taylor	Retford	20.40	19

Chart 0.34 to 2.4m

long jump

	number	name	Club	result	score
1	839b	Yaw Afirifah-Mensah	Notts	2.06	58
2	405g	Maisy Heggie	Worksop	2.01	57
3	804g	Faith Davenport	Notts	1.98	56
4	846b	Kwadwo Afirifah-Mensah	Notts	1.93	54
5	18g	Tammy Smith	Mansfield	1.91	53
6	360b	Lucas Parnell	Rushcliffe	1.91	53
7	389g	Phoebe Clayton	Rushcliffe	1.90	53
8	900g	Keira Rhead	Notts	1.88	52
9	837g	Rosie Challenger	Notts	1.85	51
10	430b	Matthew Forest	Worksop	1.82	50
11	626b	Thomas Gleave	Retford	1.81	50
12	324g	April Denton	Rushcliffe	1.79	49
13	302b	Ollie Simon	Rushcliffe	1.78	49
14	390g	Bella McCormack	Rushcliffe	1.77	48
15	391b	Robin Morgan	Rushcliffe	1.77	48
16	815b	Ashley Nkomazana	Notts	1.71	45
17	304g	Kate Ridgway	Rushcliffe	1.70	45
18	805b	Andy Davenport	Notts	1.69	44
19	368g	Aoife Rendu	Rushcliffe	1.68	44
20	820g	Emily Rawson	Notts	1.68	44
21	386g	Lucy Rich	Rushcliffe	1.64	42
22	308b	Conor Hood	Rushcliffe	1.64	42
23	532g	Philippa Woolley	Sutton	1.62	41
24	398b	Rory Hawkins	Rushcliffe	1.61	40
25	501b	Leo De Lucis	Sutton	1.61	40
26	585b	Leon Gibson	Sutton	1.61	40
27	26g	Zoe Spencer	Mansfield	1.60	40
28	566b	John Thompson	Sutton	1.59	39
29	32b	Matthew Young	Mansfield	1.58	38
30	898b	Oren Bramley	Notts	1.58	38
31	353g	Anna Leatherbarrow	Rushcliffe	1.57	37
32	367g	Megan Mellor	Rushcliffe	1.57	37
33	803g	Freya Broderick	Notts	1.56	36
34	301b	Rafe Hyman	Rushcliffe	1.56	36
35	366g	Beatrix Davies	Rushcliffe	1.54	34
36	388g	Poppy Allen	Rushcliffe	1.54	34
37	807g	Amy Brown	Notts	1.54	34
38	643g	Faye Marshall	Retford	1.53	33
39	679b	James Agar	Retford	1.53	33
40	560b	Riley Walker	Sutton	1.49	29
41	39g	Georgia Brown	Mansfield	1.48	29
42	583b	Bradley Budd	Sutton	1.48	29
43	365g	Katie Delahay	Rushcliffe	1.47	28
44	699b	Leo Cotton	Retford	1.46	28
45	350g	Freya Sugden	Rushcliffe	1.45	27
46	305b	Ashton Coxon	Rushcliffe	1.45	27
47	587b	Theo Mottershead	Sutton	1.45	27
48	624g	Hannah Foster	Retford	1.44	27
49	507g	Phoebe Skelton	Sutton	1.43	26
50	665g	Katarina Taylor	Retford	1.41	25
51	27g	Matilda Evans	Mansfield	1.38	24
52	590g	Lucy Garthwaite	Sutton	1.37	23
53	408b	Andrew Ferrol	Worksop	1.36	23
54	585g	Erin Ryan	Sutton	1.31	20
55	664g	Emily Taylor	Retford	1.31	20
56	362g	Jean Kelly	Rushcliffe	1.30	20
57	888b	Abriano Allen	Notts	1.28	19
58	546g	Ruby Vickers	Sutton	1.18	17
59	817g	ELLIE Keetley	Notts	1.13	16

Chart 26.0sec to 60.0 sec

Shuttle run

	number +b or g	name	Club	result	score
1	360b	Lucas Parnell	Rushcliffe	25.60	62
2	386g	Lucy Rich	Rushcliffe	26.20	59
3	560b	Riley Walker	Sutton	26.20	59
4	839b	Yaw Afirifah-Mensah	Notts	26.20	59
5	389g	Phoebe Clayton	Rushcliffe	26.40	58
6	405g	Maisy Heggie	Worksop	26.40	58
7	18g	Tammy Smith	Mansfield	26.40	58
8	900g	Keira Rhead	Notts	26.40	58
9	837g	Rosie Challender	Notts	26.50	58
10	804g	Faith Davenport	Notts	26.50	58
11	501b	Leo De Lucis	Sutton	26.70	57
12	368g	Aoife Rendu	Rushcliffe	26.80	56
13	532g	Philippa Woolley	Sutton	26.80	56
14	391b	Robin Morgan	Rushcliffe	27.00	55
15	815b	Ashley Nkomazana	Notts	27.20	54
16	26g	Zoe Spencer	Mansfield	27.30	54
17	390g	Bella McCormack	Rushcliffe	27.40	53
18	302b	Ollie Simon	Rushcliffe	27.50	53
19	846b	Kwadwo Afirifah-Mensah	Notts	27.50	53
20	679b	James Agar	Retford	27.60	52
21	304g	Kate Ridgway	Rushcliffe	27.60	52
22	308b	Conor Hood	Rushcliffe	27.90	51
23	805b	Andy Davenport	Notts	28.00	50
24	507g	Phoebe Skelton	Sutton	28.20	49
25	365g	Katie Delahay	Rushcliffe	28.20	49
26	583b	Bradley Budd	Sutton	28.30	49
27	353g	Anna Leatherbarrow	Rushcliffe	28.40	48
28	367g	Megan Mellor	Rushcliffe	28.40	48
29	324g	April Denton	Rushcliffe	28.40	48
30	32b	Matthew Young	Mansfield	28.50	48
31	888b	Abriano Allen	Notts	28.50	48
32	398b	Rory Hawkins	Rushcliffe	28.60	47
33	624g	Hannah Foster	Retford	28.70	47
34	898b	Oren Bramley	Notts	28.70	47
35	366g	Beatrix Davies	Rushcliffe	28.70	47
36	39g	Georgia Brown	Mansfield	28.90	46
37	27g	Matilda Evans	Mansfield	29.00	45
38	585b	Leon Gibson	Sutton	29.00	45
39	587b	Theo Mottershead	Sutton	29.00	45
40	803g	Freya Broderick	Notts	29.10	45
41	807g	Amy Brown	Notts	29.10	45
42	566b	John Thompson	Sutton	29.20	44
43	820g	Emily Rawson	Notts	29.20	44
44	626b	Thomas Gleave	Retford	29.30	44
45	362g	Jean Kelly	Rushcliffe	29.30	44
46	590g	Lucy Garthwaite	Sutton	29.40	43
47	388g	Poppy Allen	Rushcliffe	29.50	43
48	301b	Rafe Hyman	Rushcliffe	29.50	43
49	585g	Erin Ryan	Sutton	29.60	42
50	430b	Matthew Forest	Worksop	29.80	41
51	643g	Faye Marshall	Retford	29.90	41
52	699b	Leo Cotton	Retford	30.20	39
53	305b	Ashton Coxon	Rushcliffe	30.30	39
54	817g	ELLIE Keetley	Notts	30.50	38
55	546g	Ruby Vickers	Sutton	30.80	36
56	350g	Freya Sugden	Rushcliffe	30.90	36
57	665g	Katarina Taylor	Retford	31.10	35
58	408b	Andrew Ferrol	Worksop	32.20	29
59	664g	Emily Taylor	Retford	33.20	24

Range 0 to 24

Target

	number	name	Club	result	score
1	32b	Matthew Young	Mansfield	14	42
2	501b	Leo De Lucis	Sutton	14	42
3	805b	Andy Davenport	Notts	13	39
4	839b	Yaw Afirifah-Mensah	Notts	13	39
5	301b	Rafe Hyman	Rushcliffe	12	36
6	360b	Lucas Parnell	Rushcliffe	12	36
7	888b	Abriano Allen	Notts	11	33
8	585b	Leon Gibson	Sutton	10	30
9	386g	Lucy Rich	Rushcliffe	10	30
10	39g	Georgia Brown	Mansfield	10	30
11	665g	Katarina Taylor	Retford	10	30
12	803g	Freya Broderick	Notts	10	30
13	391b	Robin Morgan	Rushcliffe	10	30
14	398b	Rory Hawkins	Rushcliffe	10	30
15	408b	Andrew Ferrol	Worksop	10	30
16	815b	Ashley Nkomazana	Notts	9	27
17	302b	Ollie Simon	Rushcliffe	9	27
18	699b	Leo Cotton	Retford	8	24
19	353g	Anna Leatherbarrow	Rushcliffe	8	24
20	368g	Aoife Rendu	Rushcliffe	8	24
21	405g	Maisy Heggie	Worksop	8	24
22	27g	Matilda Evans	Mansfield	8	24
23	804g	Faith Davenport	Notts	8	24
24	820g	Emily Rawson	Notts	8	24
25	807g	Amy Brown	Notts	8	24
26	900g	Keira Rhead	Notts	8	24
27	583b	Bradley Budd	Sutton	7	21
28	324g	April Denton	Rushcliffe	7	21
29	430b	Matthew Forest	Worksop	7	21
30	587b	Theo Mottershead	Sutton	6	18
31	304g	Kate Ridgway	Rushcliffe	6	18
32	350g	Freya Sugden	Rushcliffe	6	18
33	389g	Phoebe Clayton	Rushcliffe	6	18
34	390g	Bella McCormack	Rushcliffe	6	18
35	532g	Philippa Woolley	Sutton	6	18
36	546g	Ruby Vickers	Sutton	6	18
37	560b	Riley Walker	Sutton	6	18
38	566b	John Thompson	Sutton	6	18
39	388g	Poppy Allen	Rushcliffe	5	15
40	26g	Zoe Spencer	Mansfield	5	15
41	643g	Faye Marshall	Retford	5	15
42	626b	Thomas Gleave	Retford	4	12
43	846b	Kwadwo Afirifah-Mensah	Notts	4	12
44	362g	Jean Kelly	Rushcliffe	4	12
45	366g	Beatrix Davies	Rushcliffe	4	12
46	367g	Megan Mellor	Rushcliffe	4	12
47	507g	Phoebe Skelton	Sutton	4	12
48	585g	Erin Ryan	Sutton	4	12
49	624g	Hannah Foster	Retford	4	12
50	664g	Emily Taylor	Retford	4	12
51	365g	Katie Delahay	Rushcliffe	3	9
52	817g	ELLIE Keetley	Notts	3	9
53	305b	Ashton Coxon	Rushcliffe	3	9
54	679b	James Agar	Retford	2	6
55	898b	Oren Bramley	Notts	2	6
56	18g	Tammy Smith	Mansfield	2	6
57	837g	Rosie Challenger	Notts	2	6
58	590g	Lucy Garthwaite	Sutton	1	3
59	308b	Conor Hood	Rushcliffe	1	3

Chart 4 cm to 59cm

Vertical Jump

	number	name	Club	result	score
1	405g	Maisy Heggie	Worksop	47	53
2	368g	Aoife Rendu	Rushcliffe	46	52
3	839b	Yaw Afirifah-Mensah	Notts	45	51
4	815b	Ashley Nkomazana	Notts	41	47
5	846b	Kwadwo Afirifah-Mensah	Notts	39	44
6	837g	Rosie Challenger	Notts	39	44
7	366g	Beatrix Davies	Rushcliffe	38	43
8	804g	Faith Davenport	Notts	38	43
9	807g	Amy Brown	Notts	38	43
10	585b	Leon Gibson	Sutton	37	41
11	389g	Phoebe Clayton	Rushcliffe	37	41
12	308b	Conor Hood	Rushcliffe	37	41
13	805b	Andy Davenport	Notts	36	40
14	390g	Bella McCormack	Rushcliffe	36	40
15	820g	Emily Rawson	Notts	36	40
16	900g	Keira Rhead	Notts	36	40
17	360b	Lucas Parnell	Rushcliffe	36	40
18	643g	Faye Marshall	Retford	35	38
19	803g	Freya Broderick	Notts	35	38
20	566b	John Thompson	Sutton	34	37
21	18g	Tammy Smith	Mansfield	34	37
22	302b	Ollie Simon	Rushcliffe	34	37
23	430b	Matthew Forest	Worksop	33	35
24	624g	Hannah Foster	Retford	33	35
25	39g	Georgia Brown	Mansfield	32	34
26	626b	Thomas Gleave	Retford	31	32
27	888b	Abriano Allen	Notts	31	32
28	532g	Philippa Woolley	Sutton	31	32
29	32b	Matthew Young	Mansfield	31	32
30	560b	Riley Walker	Sutton	30	31
31	386g	Lucy Rich	Rushcliffe	30	31
32	507g	Phoebe Skelton	Sutton	30	31
33	501b	Leo De Lucis	Sutton	29	30
34	679b	James Agar	Retford	29	30
35	304g	Kate Ridgway	Rushcliffe	29	30
36	583b	Bradley Budd	Sutton	28	28
37	365g	Katie Delahay	Rushcliffe	28	28
38	324g	April Denton	Rushcliffe	28	28
39	388g	Poppy Allen	Rushcliffe	28	28
40	546g	Ruby Vickers	Sutton	28	28
41	590g	Lucy Garthwaite	Sutton	28	28
42	350g	Freya Sugden	Rushcliffe	27	27
43	353g	Anna Leatherbarrow	Rushcliffe	27	27
44	26g	Zoe Spencer	Mansfield	27	27
45	585g	Erin Ryan	Sutton	27	27
46	27g	Matilda Evans	Mansfield	27	27
47	665g	Katarina Taylor	Retford	27	27
48	301b	Rafe Hyman	Rushcliffe	27	27
49	305b	Ashton Coxon	Rushcliffe	27	27
50	391b	Robin Morgan	Rushcliffe	26	26
51	898b	Oren Bramley	Notts	26	26
52	664g	Emily Taylor	Retford	26	26
53	817g	ELLIE Keetley	Notts	26	26
54	408b	Andrew Ferrol	Worksop	25	24
55	587b	Theo Mottershead	Sutton	25	24
56	699b	Leo Cotton	Retford	25	24
57	367g	Megan Mellor	Rushcliffe	25	24
58	398b	Rory Hawkins	Rushcliffe	23	22
59	362g	Jean Kelly	Rushcliffe	21	18